Our excursion to the Bairnsdale Museum and the Keeping Place last week was very successful. We were all transported back in time and the students were fascinated by many items in the museum, including the round fridge and the dentist chair. No one volunteered for the foot pedal drill!!

At the Keeping Place Grattan Mullett told us the Gunai/Kurnai dreaming story of Boorun and Tuk Tuk and we saw a scarred tree and bark canoe.

Picnic Point is a hidden treasure in Bairnsdale and we learned more about the history of Bairnsdale from the story boards around the park.

A great day which we all enjoyed immensely!
Last week Peter Bury spoke with the students about life growing up in Nungurner. The children were fascinated by his stories of boating, fishing, the bush and the changes to Nungurner Primary School over the years. Thank you Peter for sharing your knowledge and passion about Nungurner.
A Visit from Spike

We saw a echidna at school. Holly and I named him Spike. He was so cute. We loved him.

By Holly

We saw a echidna at school. It was cute. Holly and I called it Spike. I was cool.

By Holly

By Lara
BOOK BANQUET: The book banquet is coming to a close. Children have been reading lots of books in a variety of genres, and have completed many follow-up activities. We will be setting up a display of students’ work for the book banquet next week, in the multi-purpose room. The “Book Banquet Exhibition” will be open for parents and friends to view from Tuesday afternoon, Sept. 19th, until Friday, 20th. Sept. Please come and see what your children have been doing and why they have been so enthusiastic about the “Book Banquet”. Your child/ren will love to show you around.

The Book Banquet Feast will be held on Thursday, Sept. 19th. We are asking for each family to send along a plate of either “entree” (chips/dips/mini sandwiches/vegetable platter, etc) or “dessert” (slices, cakes, fruit platter, etc) to share with the class. We will be making the “main course” (mini quiches) at school, and are going to skip the soup course. The children will not need to bring lunch on Thursday as the book banquet feast is our lunch that day.

Picnic Lunch at Nyerimilang

The end of term 3 has come around quickly! Our end of term shared lunch will be at Nyerimilang Homestead on Friday Sept 20th at 12:30pm. Families and friends are invited to bring along a picnic lunch and join us for some traditional picnic races. School will finish at 2:00pm.

MARC van

Our students enjoy the opportunity to borrow books from the MARC van every fortnight and are fortunate to benefit from Mrs Severs wealth of knowledge about children’s literature. Could parents please ensure that children return their MARC van books by the end of term, and if they can’t be found please let us know.

Exciting travels

Keegan and Maree are spending several weeks travelling in Ireland, England and Scotland over the holidays and in the first part of next term. Keegan is very excited and looking forward to his first international travel experience. We wish them well for a safe and happy journey and look forward to the postcards Keegan!!

Nungurner Primary School—Absence Note

Please be advised that (student name)________________________________________________
was absent from school on the (insert date)__________________________________________
due to (insert reason)________________________________________________________________
signed (parent name)_________________________________________________________________
Metung Swan Reach Cricket Club

JUNIOR (U13 & U16) & SENIOR REGISTRATION DAY
SUNDAY 15 SEPTEMBER 2013
11:30am to 1:30pm
ALL WELCOME

13/14 Fees
Juniors: $50.00 per player
Seniors: $100.00 per player

Contact: Mark Linford, President
Ph: 0411 186 611
Lynette Bakker, Secretary
Ph: 0438 018 121

Our 2013/14 Season is starting soon and we would love to see you come and join us in having some great fun, making friends, and keeping fit at the same time. The emphasis of our centre is not to come first, but each individual to improve his/her personal best performance each week.

Our season runs throughout Term 4 and Term 1 on Friday afternoons from 4:00pm for approximately 1 1/2 Hours.

Registration day will be held on 17th September from 3:30pm - 6pm at Howitt Park.

To save you some time please visit www.lavc.com.au to register online.

Day: Friday Afternoon
Time: 4:00pm
Age: Under 6 - Under 16
(entry must have turned 5 prior to commencement)
Where: Howitt Park Oval
Cost: $100 per Athlete for the season
Uniform: $35 for Centre Top
Entry Sheet and appropriate footwear to be worn
Contact: Terese Barlett (Registrar) 0438 070 600

Preferred Contact Method - Email: bairnsdale@lavc.com.au

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From September, 5 things to remember

Slip! Slap! Slap! Seek! Slide!

From September, Victoria’s UV levels are on the rise, so it’s time to dust off the sun protection gear and Slip, Slap, Slap, Seek, Slide whenever you are outside. Check the SunSmart UV Alert for daily sun protection times – you can find it on the free SunSmart app, online (sunsmart.com.au), in the weather section of newspapers, or as a free website widget. If you can’t check the UV Alert each day, make sure you use sun protection every day from September to the end of April in Victoria. Don’t just wait for hot, sunny days.

Remember these 5 SunSmart steps during the sun protection times, even if it’s cool or cloudy

1. **Slip on covering clothing.** If you can see skin, UV can reach it. Is your child’s skin covered with cool clothing today?

2. **Slap on SPF 30 or higher broad spectrum sunscreen.** Apply sunscreen before going outdoors and reapply every two hours. One application is not enough. Has your child had sunscreen applied and reapplied today?

3. **Slap on a sun protective hat.** The best hat shades the head, face, ears, ears and neck. Does your child’s hat protect all of these areas?

4. **Seek shade.** Shady spaces help block some of the sun’s UV but not all so you still need to wear hats, clothing and sunscreen even in the shade. Does your child have shady places to play?

5. **Slide on sunglasses labelled AS 1067.** If practical, help protect your child’s eyes with sunglasses. Are your child’s eyes safe in the sun?

A note about vitamin D

The sun’s UV is the best natural source of vitamin D.

From September to April in Victoria, most people need just a few minutes of sun exposure to the face, arms and hands (or equivalent area of skin) mid-morning or mid-afternoon on most days of the week to help with vitamin D. Even with sunscreen you can still get some vitamin D. Sun safe outdoor play throughout the day should not put your child at risk of low vitamin D.

Children with naturally very dark brown or black skin need even more sun exposure to help with vitamin D. These children usually don’t need to apply sunscreen but they should still use the other SunSmart steps during sun protection times.

For further information contact:
SunSmart:
Ph: 9635 5148
Email: sunsmart@cancervic.org.au
Web: sunsmart.com.au